

Beverly Hills Manners
presents

ETIQUETTE & EMPOWERMENT 2-PART WORKSHOP FOR GIRLS

Monday: 3/20 & 4/3 OR 5/22 & 6/5
5:30pm to 8:00pm

“Etiquette & Empowerment” for teen girls ages 13 and up reveals the vital importance of etiquette and manners as tools for life in today’s increasingly challenging world. Everyday situations from displaying social grace to refraining from gossiping and the best way to initiate conversation are just some of the themes explored in the program. By learning and applying these practical skills, teenage girls achieve a greater awareness and confidence ultimately leading them to overall success in each of their endeavors.

In addition to the instruction, each session includes a multi-course dinner providing further exploration into the etiquettes associated with fine dining.

2 Part Curriculum Covers:

- Confidence & Character Building Skills
- Positive First Impressions
- Poise & Posture
- Image/Grooming/Style
- Dress Codes for Success
- Speech and Diction
- Art of Introductions
- Handshaking, Smiling & Eye Contact
- Forms of Address/Titles/Remembering Names
- Written Correspondence & Thank You Notes
- Electronic Manners/Email/Cell Phones/Social Media
- Dating & Ladylike Behavior
- The Social Graces
- Table Manners & Formal Dining Skills

Enrollment Policy: Please complete the attached enrollment form and mail along with your payment of **\$295.00** to: Beverly Hills Manners, 1075 Angelo Drive. Beverly Hills, CA 90210. Payment may also be made with a VISA or MC.



Date & Time

Monday: 3/20 & 4/3 OR 5/22 & 6/5
5:30pm to 8:00pm

Location

Bedford & Burns Restaurant
Beverly Hills
369 North Bedford Drive
Beverly Hills
(310) 273-8585

Dress Code:

Please come dressed to class
in appropriate attire.
No jeans or sweat suits.
No flip flops please.

Parking

2-hour free or metered parking
is available on Bedford Drive

Contact Information

Lisa Gaché
Beverly Hills Manners™
310.276.9078 ph
310.467.1211 cell
info@beverlyhillsmanners.com



BEVERLY HILLS MANNERS

dare to be polite

"ETIQUETTE & EMPOWERMENT FOR TEEN GIRLS"

Program Dates: _____

Name: _____

Address: _____

Telephone: _____
 Home Work Cell

Occupation: _____

Email Address: _____

How Did You Hear About Us? _____

EMERGENCY CONTACT INFORMATION:

Name: _____

Relationship to Participant: _____

Phone Number(s): _____

PERSONAL INFORMATION:

BRIEF DESCRIPTION: _____

INTERESTS/AMBITIONS: _____

WHAT ARE YOUR STRENGTHS? _____

WHAT ARE YOUR WEAKNESSES? _____
